

# Lewisville ISD Elementary Recess Weather Guidelines

## Heat Index

Heat Index Below 89°	Heat Index 90° - 98°	Heat Index 99° - 103°	Heat Index 104° or Above
<p><b>Outside Recess</b></p> <ul style="list-style-type: none"> <li>➤ Students can comfortably play outside for 30 minutes</li> <li>➤ Provide waters, breaks, and shade</li> </ul>	<p><b>Caution at Recess</b></p> <ul style="list-style-type: none"> <li>➤ Monitor conditions during 30 minute recess</li> <li>➤ Students should be allowed water before, during, and after recess</li> <li>➤ Play in shaded area if available</li> </ul>	<p><b>Limited Recess*</b></p> <ul style="list-style-type: none"> <li>➤ Limit activity to 20 minutes or less</li> <li>➤ Students should be allowed water before, during, and after recess</li> <li>➤ Consider actual temperature</li> <li>➤ Allow for cool down period</li> </ul>	<p><b>Danger</b></p> <ul style="list-style-type: none"> <li>➤ No Outdoor Play</li> <li>➤ All students should remain inside</li> </ul>

\*Consideration for timeframes are based on LISD SHAC input and the National Weather Service recommendation.


## Wind Chill Factor

Wind Chill 33° or Below	Wind Chill 34° - 40 °	Wind Chill 41° or Above
<p><b>Danger</b></p> <ul style="list-style-type: none"> <li>➤ No Outdoor Play</li> <li>➤ All students should remain inside</li> </ul>	<p><b>Caution at Recess*</b></p> <ul style="list-style-type: none"> <li>➤ Monitor conditions during 20 - 30 minute recess</li> <li>➤ Students should be dressed appropriately for weather</li> <li>➤ Allow for water and breaks</li> </ul>	<p><b>Outside Recess</b></p> <ul style="list-style-type: none"> <li>➤ Students can comfortably play outside for 30 minutes</li> <li>➤ Allow for water and breaks</li> </ul>

\*Consideration for timeframes are based on LISD SHAC input and the National Weather Service recommendation.

Type the campus zip code in the upper left hand corner of this site for current heat index and wind chill conditions.

<https://www.weather.gov/>



Mostly Cloudy

**84°F**  
29°C

Humidity 67%

Wind Speed SE 20 G 28 mph


Barometer 30.02 in (1016.5 mb)

Dewpoint 72°F (22°C)

Visibility 10.00 mi

➔ Heat Index 90°F (32°C)

Last update 18 Apr 11:53 am EDT



Light Snow Fog/Mist

**34°F**  
1°C

Humidity 76%

Wind Speed N 5 mph

Barometer 29.37 in (994.6 mb)

Dewpoint 27°F (-3°C)

Visibility 2.50 mi

➔ Wind Chill 29°F (-2°C)

Last update 18 Apr 7:53 am AKDT

**Campus Administrators make the final decision for outside recess.** Data indicates ozone concentrations typically occur after recess/end of school day and should not be the main factor deciding outdoor play. Always consider individual medical plans of students. LISD policy states elementary students shall participate in daily unstructured recess.